



Functional Foods as a New Therapeutic Strategy 2.0

Guest Editors:

Prof. Dr. Ivan Cruz-Chamorro

Facultad de Enfermería,
Universidad de Castilla-La
Mancha, 02071 Albacete, Spain

Dr. Guillermo Santos Sánchez

Instituto de Investigación en
Ciencias de la Alimentación, CIAL
(CSIC-UAM), 28049 Madrid, Spain

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Message from the Guest Editors

Dear Colleagues,

Functional foods have gained popularity in the scientific population due to their therapeutic and preventive use against certain pathological conditions.

Nowadays, numerous lines of research are dedicated to identifying bioactive compounds, as well as assessing their health properties. Thus, antioxidant, antihypertensive, anti-inflammatory, and antidiabetic effects, among others, have been demonstrated for a large number of bioactive ingredients. The final aim of all these studies is to generate sufficient knowledge to prepare new functional foods that improve the human lifestyle, without using synthesized chemical compounds.

This new Special Issue is a continuation of the previous Special Issue, "*Functional Foods as a New Therapeutic Strategy*", including more than 10 valuable peer-reviewed papers.

It welcomes the submission of original articles or reviews that can improve knowledge about the beneficial effects of functional foods.

Dr. Ivan Cruz-Chamorro
Dr. Guillermo Santos Sánchez
Guest Editors





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Editor-in-Chief

Prof. Dr. Masayoshi Yamaguchi

Cancer Biology Program,
University of Hawaii Cancer
Center, University of Hawaii at
Manoa, 701 Ilalo Street, Hawaii,
HI 96813, USA

Message from the Editor-in-Chief

The contemporary world is struggling with an aging population, which necessitates the design of diets that promote “healthy aging”. In this context, nutraceuticals, health-supportive substances, are significant, remaining in the focus of scientific interests and being continuously developed worldwide. The *Nutraceuticals* journal focuses on the research and development of all fields related to these substances. All types of articles are welcome, including reviews, original papers, and short communications.

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Contact Us

Nutraceuticals Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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