Special Issue

Mental Health and Well-Being of Nursing Students: Challenges, Interventions, and Future Directions

Message from the Guest Editors

The challenges faced by nursing students during their academic and clinical training can interfere with their mental health. In addition, the use of smartphones and social networks can favor the development of addictive behaviors and interfere with their self-image, their social relationships with their peers and preceptors, their therapeutic relationships with patients, and teamwork, negatively affecting their educational process and their mental health as a result. This Special Issue focuses on the need to better understand the factors that affect the mental health of nursing students, the impact these can have on the development of behaviors that are detrimental to their health, and strategies for effectively dealing with these new challenges. We will consider studies focusing on the role of educational and healthcare institutions in promoting mental wellness and **implementing** evidence-based interventions to prevent and address mental health issues among nursing students. The aim is to enhance the mental health, academic performance, and clinical competence of nursing students.

Guest Editors

Dr. Lorena Gutiérrez-Puertas

Department of Nursing, Physiotherapy and Medicine, Faculty of Health Sciences, Universidad de Almería, 04120 Almería, Spain

Dr. Montserrat Monserrat Hernández

Social and Cultural Anthropology Lab, University of Almería, 04120 Almería. Spain

Deadline for manuscript submissions

31 October 2025



Nursing Reports

an Open Access Journal by MDPI

Impact Factor 2.0 CiteScore 2.8 Indexed in PubMed



mdpi.com/si/227781

Nursing Reports
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nursrep@mdpi.com

mdpi.com/journal/ nursrep





Nursing Reports

an Open Access Journal by MDPI

Impact Factor 2.0 CiteScore 2.8 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

Nursing Reports (ISSN 2039-4403) is an international, open access journal, addressing practice and policy issues across all fields of nursing science. We invite you to contribute original researches, review articles, essays or short reports for consideration and publication in the journal. Rapid turnaround time and full open access offer the opportunity to make research results immediately available to scientific communities and the general public.

Editor-in-Chief

Prof. Dr. Richard Gray

School of Nursing and Midwifery, La Trobe University, Melbourne, VIC 3004, Australia

Author Benefits

High Visibility:

indexed within Scopus, ESCI (Web of Science), PMC, PubMed, and other databases.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 27.5 days after submission; acceptance to publication is undertaken in 2.8 days (median values for papers published in this journal in the first half of 2025).

Journal Rank:

JCR - Q2 (Nursing) / CiteScore - Q2 (General Nursing)

