Special Issue

Mental Health and Well-Being of Nursing Students: Challenges, Interventions, and Future Directions

Message from the Guest Editors

The challenges faced by nursing students during their academic and clinical training can interfere with their mental health. In addition, the use of smartphones and social networks can favor the development of addictive behaviors and interfere with their self-image, their social relationships with their peers and preceptors, their therapeutic relationships with patients, and teamwork, negatively affecting their educational process and their mental health as a result. This Special Issue focuses on the need to better understand the factors that affect the mental health of nursing students, the impact these can have on the development of behaviors that are detrimental to their health, and strategies for effectively dealing with these new challenges. **We will consider studies focusing** on the role of educational and healthcare institutions in promoting mental wellness and **implementing** evidence-based interventions to prevent and **address** mental health **issues among** nursing students. The aim is to enhance the mental health, academic performance, and clinical competence of nursing students.

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Message from the Editor-in-Chief

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