

Special Issue

Benefits of the Mediterranean Diet–Wine Association: Role of Components

Message from the Guest Editors

The Mediterranean diet is a model of eating based on the traditional foods and drinks of the countries surrounding the Mediterranean Sea. In recent decades, it has been promoted worldwide as one of the healthiest dietary patterns and has been reported to have benefits regarding chronic diseases and longevity.

The creation of a *Molecules* Special Issue which focuses on the Role of Wine Components in the Mediterranean Diet Benefits would be a good opportunity to support this concept. Any manuscripts related to polyphenols; resveratrol; aging; antioxidant; wine; health; the Mediterranean diet; nutrition; diseases; welfare; behavior; etc. at the level of mechanisms, analysis, and experimental and epidemiological studies are welcome. Please note that the clarification of this issue was what motivated Science & Wine to promote Conference on “Wine Consumption in the Mediterranean Diet: A clarification about health effects” be held in Porto on 4–5 June 2020, <https://www.science-and-wine-conferences.com>

Guest Editors

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As the premier open access journal dedicated to experimental organic chemistry, and now in its 25th year of publication, the papers published in *Molecules* span from classical synthetic methodology to natural product isolation and characterization, as well as physicochemical studies and the applications of these molecules as pharmaceuticals, catalysts and novel materials. Pushing the boundaries of the discipline, we invite papers on multidisciplinary topics bridging biochemistry, biophysics and materials science, as well as timely reviews and topical issues on cutting edge fields in all these areas.

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