

Special Issue

Advances in Functional Foods

Message from the Guest Editor

Functional foods improve the state of health and wellbeing and reduce the risk of disease. However, functional foods remain a food and are consumed as part of the normal diet. They can be divided into unmodified ones and are subjected to different treatments. Research is rapidly growing, and new scientific knowledge is gained on the functionality of food components, the effect on human health and the technology of the preparation of functional foods. New achievements in the fields of genomics, proteomics and metabolomics deepen the understanding of physiological responses at the individual and molecular levels and increase the importance of functional foods. I would like to invite you to submit original research papers or review articles to this Special Issue that would address any research topic related to functional foods.

Guest Editor

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Message from the Editor-in-Chief

As the premier open access journal dedicated to molecular chemistry, now in its 30th year of publication, the papers published in *Molecules* span from classical synthetic methodology to natural product isolation and characterization, as well as physicochemical studies and the applications of these molecules as pharmaceuticals, catalysts, and novel materials. Pushing the boundaries of the discipline, we invite papers on all major fields of molecular chemistry and multidisciplinary topics bridging chemistry with biology, physics, and materials science, as well as timely reviews and topical issues on cutting-edge fields in all of these areas.

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