Special Issue

Characterization, and Protective Effects on Metabolic Syndrome of Functional Components in Food

Message from the Guest Editors

The global epidemic of metabolic syndrome has laid a heavy burden on families and governments, causing a loss of economic activity in the trillions. It is worth noting that recent research has exemplified the critical role of functional food components (e.g., polyphenols, polysaccharides, and peptides) in metabolic syndrome. However, there are still some research gaps in this field that need to be unraveled. The Special Issue of "Characterization, and Protective Effects on Metabolic Syndrome of Functional Components in Food" welcomes cutting-edge research and review articles to address these issues:

- Identify novel functional foods with potential for metabolic syndrome;
- Characterize the active components by traditional methods or by high-throughput sequencing;
- Unravel the underlying mechanism and make clear the target gene/signaling pathway;
- Understand the structural activity relationship to offer prospective information for future studies.

Guest Editors

Dr. Qian Zhou

Institute for Advanced Study, Shenzhen University, No. 3688 Nanhai Avenue, Shenzhen 518060, China

Dr. Marcin A. Kurek

Department of Technique and Food Development, Institute of Human Nutrition Sciences, Nowoursynowska 159c Street, 02-776 Warsaw, Poland

Deadline for manuscript submissions

closed (31 May 2025)



Molecules

an Open Access Journal by MDPI

Impact Factor 4.6 CiteScore 8.6 Indexed in PubMed



mdpi.com/si/187585

Molecules
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
molecules@mdpi.com

mdpi.com/journal/molecules





Molecules

an Open Access Journal by MDPI

Impact Factor 4.6 CiteScore 8.6 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

As the premier open access journal dedicated to molecular chemistry, now in its 29th year of publication, the papers published in *Molecules* span from classical synthetic methodology to natural product isolation and characterization, as well as physicochemical studies and the applications of these molecules as pharmaceuticals, catalysts, and novel materials. Pushing the boundaries of the discipline, we invite papers on all major fields of molecular chemistry and multidisciplinary topics bridging chemistry with biology, physics, and materials science, as well as timely reviews and topical issues on cutting-edge fields in all of these areas.

Editor-in-Chief

Prof. Dr. Thomas J. Schmidt

Institute of Pharmaceutical Biology and Phytochemistry, University of Münster, Corrensstrasse 48, D-48149 Münster, Germany

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Reaxys, CaPlus / SciFinder, MarinLit, AGRIS, and other databases.

Journal Rank:

JCR - Q2 (Biochemistry and Molecular Biology) / CiteScore - Q1 (Organic Chemistry)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 16.1 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

