

Special Issue

Bioactivity and Bioavailability of Fortified Foods

Message from the Guest Editors

According to the expression “Let food be your medicine and medicine be your food”, we aim to summarize the effectiveness and efficiency of food fortification in order to improve its health-promoting properties. In recent years, the consumption of super foods has become an alternative method in the prevention of many diseases, including lifestyle-induced diseases. It is important to determine the most effective methods of food enrichment along with their health-promoting effects, and to indicate the mechanisms, transport factors, and/or secondary metabolites that result from the breakdown, degradation, digestion, and absorption of molecules from enriched foods. This Special Issue will present a unified model for the control of such parameters based on various in vitro techniques and analytical methods.

Guest Editors

Prof. Dr. Czesław Puchalski

Dr. Maria Czernicka

Prof. Dr. Maciej Balawejder

Deadline for manuscript submissions

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Molecules
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
molecules@mdpi.com

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Message from the Editor-in-Chief

As the premier open access journal dedicated to molecular chemistry, now in its 29th year of publication, the papers published in *Molecules* span from classical synthetic methodology to natural product isolation and characterization, as well as physicochemical studies and the applications of these molecules as pharmaceuticals, catalysts, and novel materials. Pushing the boundaries of the discipline, we invite papers on all major fields of molecular chemistry and multidisciplinary topics bridging chemistry with biology, physics, and materials science, as well as timely reviews and topical issues on cutting-edge fields in all of these areas.

Editor-in-Chief

Prof. Dr. Thomas J. Schmidt

Institute of Pharmaceutical Biology and Phytochemistry, University of Münster, Corrensstrasse 48, D-48149 Münster, Germany

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