Special Issue

Bioactive Compounds: Applications and Benefits for Human Health

Message from the Guest Editors

Bioactive compounds are natural constituents in many foods such as vegetables, fruits, olive oil, wine, tea, spices, cereals, beer, and chocolate. Still, they can also be derived from animals and microbial sources, or be chemically synthesized. Among the most commonly analyzed bioactive compounds are polyphenols, terpenoids, alkaloids, and glucosinolates, which, having antioxidant and anti-inflammatory properties, can modulate some important physiological functions. molecular pathways, and biological activities. Thus, bioactive compounds can exert beneficial effects on human health. This Special Issue focuses on analyzing the molecular effects of bioactive compounds in different physiological or pathological conditions (cardiovascular diseases, bacterial and viral infections, neurodegenerative diseases, cancer, and sarcopenia). Furthermore, it will include studies regarding the identification, purification, and extraction of bioactive compounds and their use in pre-clinical and clinical research. Website:

https://www.mdpi.com/journal/molecules/special_issue s/8D70K2XF0O

Guest Editors

Dr. Sara Baldelli

Dr. Gilda Aiello

Prof. Dr. Mauro Lombardo

Deadline for manuscript submissions

31 March 2026



Molecules

an Open Access Journal by MDPI

Impact Factor 4.6
CiteScore 8.6
Indexed in PubMed



mdpi.com/si/213018

Molecules
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
molecules@mdpi.com

mdpi.com/journal/molecules





Molecules

an Open Access Journal by MDPI

Impact Factor 4.6 CiteScore 8.6 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

As the premier open access journal dedicated to experimental organic chemistry, and now in its 25th year of publication, the papers published in *Molecules* span from classical synthetic methodology to natural product isolation and characterization, as well as physicochemical studies and the applications of these molecules as pharmaceuticals, catalysts and novel materials. Pushing the boundaries of the discipline, we invite papers on multidisciplinary topics bridging biochemistry, biophysics and materials science, as well as timely reviews and topical issues on cutting edge fields in all these areas.

Editor-in-Chief

Prof. Dr. Thomas J. Schmidt

Institute of Pharmaceutical Biology and Phytochemistry, University of Münster, Corrensstrasse 48, D-48149 Münster, Germany

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Reaxys, CaPlus / SciFinder, MarinLit, AGRIS, and other databases.

Journal Rank:

JCR - Q2 (Biochemistry and Molecular Biology) / CiteScore - Q1 (Organic Chemistry)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 16.1 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

