



Benefits of the Mediterranean Diet–Wine Association: Role of Components

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submissions:

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Message from the Guest Editors

Dear Colleagues,

The Mediterranean diet is a model of eating based on the traditional foods and drinks of the countries surrounding the Mediterranean Sea. In recent decades, it has been promoted worldwide as one of the healthiest dietary patterns and has been reported to have benefits regarding chronic diseases and longevity. The creation of a *Molecules* Special Issue which focuses on the Role of Wine Components in the Mediterranean Diet Benefits would be a good opportunity to support this concept. Any manuscripts related to polyphenols; resveratrol; aging; antioxidant; wine; health; the Mediterranean diet; nutrition; diseases; welfare; behavior; etc. at the level of mechanisms, analysis, and experimental and epidemiological studies are welcome.

Please note that the clarification of this issue was what motivated Science & Wine to promote Conference on “Wine Consumption in the Mediterranean Diet: A clarification about health effects” be held in Porto on 4–5 June 2020, <https://www.science-and-wine-conferences.com>

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Guest Editors





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Message from the Editor-in-Chief

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