



Properties and Activity of Molecules of Nutritional Interest

Guest Editor:

Prof. Dr. Antonello Santini

Department of Pharmacy,
University of Napoli Federico II,
Via D. Montesano 49, 80131
Napoli, Italy

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Message from the Guest Editor

Dear Colleagues,

The evaluation of nutrients and bioactive compounds and their possible synergistic interactions and effects should represent the first step in the investigation of potential benefits of food matrices. It could be also marked as a potential indicator of a "possible beneficial role" for health. Isolation studies, and the quantification of active components in food groups and along the food chain, is one of the topics of this Special Issue with a special focus on the multiple factors influencing food quality and nutritional characteristics. The chemical diversity of compounds, besides their possible interactions, as well as their different mechanisms of action and biological role, will be considered. Current studies on the relationship between active components intake and human health will be also a hot topic of the Issue, as well as the possible interactions between foods and pharmaceuticals or between food and food supplements and nutraceuticals. Studies of bioactivities are also welcome.





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Editor-in-Chief

Prof. Dr. Thomas J. Schmidt

Institute of Pharmaceutical
Biology and Phytochemistry,
University of Münster,
Corrensstrasse 48, D-48149
Münster, Germany

Message from the Editor-in-Chief

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Molecules Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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