



Bioactive Compounds in Foods

Guest Editors:

Dr. Rafael Guillén Bejarano

Phytochemicals and Food
Quality Group, Inst. de la Grasa
(CSIC), 41013 Seville, Spain

**Dr. María Rocío Rodríguez
Arcos**

Phytochemicals and Food
Quality Group, Department of
Food Phytochemistry, CSIC—
Instituto de la Grasa (IG), 41013
Sevilla, Spain

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Message from the Guest Editors

Food bioactives are a group of various molecules that are distinct from nutrients though have biological activity that is beneficial for human and animal health when included in the diet. They may have a natural origin—such as those present in animals, plants, and microorganisms—or be synthetic. They can also occur as a component of a given food or be added as a supplement. Because of their many potential health benefits, food bioactives have become one of the hottest new areas of research in food and nutrition.

This Special Issue aims to collect original contributions or reviews on the topics covering:

- bioactive food ingredients
- green extraction technologies
- bioaccessibility and bioavailability
- bioactivity
- efficacy and safety of food ingredients





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Editor-in-Chief

Prof. Dr. Thomas J. Schmidt

Institute of Pharmaceutical
Biology and Phytochemistry,
University of Münster,
Corrensstrasse 48, D-48149
Münster, Germany

Message from the Editor-in-Chief

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Molecules Editorial Office
MDPI, St. Alban-Anlage 66
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