



## Bioactive Compounds for Metabolic Syndrome and Type 2 Diabetes

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### Message from the Guest Editor

Dear Colleagues,

Metabolic syndrome is defined as a series of risk factors that commonly cluster together, increasing the risk of both type 2 diabetes and cardiovascular disease. Several factors contribute to the development of metabolic syndrome, including poor diet, physical inactivity, age, and genetics. Despite the range of pharmacotherapies that exist to treat the various risk factors associated with metabolic syndrome, there remains a strong need to identify other bioactive compounds that may contribute towards reducing overall risk. These may be individual dietary components, marine-based compounds or newly identified products. This Special Issue aims to identify and review the latest bioactive compounds that have been demonstrated to have a beneficial effect on metabolic syndrome and its risk factors.

Dr. Natalie Ward  
*Guest Editor*





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## Message from the Editor-in-Chief

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