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Research on Bioactive Compounds in Milk

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Message from the Guest Editors

Dear Colleagues,

Milk contains a wide variety of nutrients, including vitamins, minerals, lipids, proteins, and carbohydrates. The capacity of milk to offer a natural and diverse source of bioactive compounds that may address various human health issues is what makes milk therapy significant. Current research indicates a promising path toward improving human health and well-being, but additional research is required to fully understand the extent of milk therapeutics. Multidisciplinary approaches connected with innovative techniques provide a comprehensive view of bioactive chemicals in milk, such as sensory, biochemical physicochemical, bioavailability, efficacy, and safety analysis.

Articles in this Special Issue will cover topics such as how milk affects immunological function, the possible mechanisms of action of chemicals, and recent developments in using milk components for therapeutic interventions. We invite researchers to submit their latest studies, promoting a better understanding of the therapeutic landscape that milk provides.

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Message from the Editor-in-Chief

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