# **Special Issue**

# Clinical Nutrition and Metabolic Diseases

# Message from the Guest Editors

Clinical nutrition and metabolic health are fundamental pillars of disease prevention, management, and overall well-being. In recent years, advances in clinical research, metabolic profiling, and the development of innovative nutritional therapies have shed light on the mechanisms underlying nutrition-related metabolic disorders. However, the complexity of these interactions calls for further investigation to refine our understanding and treatment of these diseases. This Special Issue aims to gather high-quality original research and comprehensive reviews that explore the latest findings in clinical nutrition and metabolic diseases.

We invite submissions that address a broad range of topics, including but not limited to the role of diet in the prevention and management of metabolic diseases, the impact of specific nutrients on metabolic health, clinical trials of nutritional interventions, biomarkers of nutritional status in metabolic diseases, and the genetic and environmental factors influencing the nutritionmetabolism—disease nexus.

#### **Guest Editors**

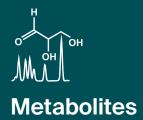
Dr. Desirée Victoria-Montesinos

Dr. Ana María García-Muñoz

Dr. José Francisco López-Gil

## Deadline for manuscript submissions

31 January 2026



an Open Access Journal by MDPI

Impact Factor 3.7 CiteScore 6.9 Indexed in PubMed



mdpi.com/si/216785

Metabolites
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
metabolites@mdpi.com

mdpi.com/journal/ metabolites





# Metabolites

an Open Access Journal by MDPI

Impact Factor 3.7 CiteScore 6.9 Indexed in PubMed



# **About the Journal**

# Message from the Editor-in-Chief

The metabolome is the result of the combined effects of genetic and environmental influences on metabolic processes. Metabolomic studies can provide a global view of metabolism and thereby improve our understanding of the underlying biology. Advances in metabolomic technologies have shown utility for elucidating mechanisms which underlie fundamental biological processes including disease pathology. *Metabolites* is proud to be part of the development of metabolomics and we look forward to working with many of you to publish high quality metabolomic studies.

## Editor-in-Chief

#### Dr. Amedeo Lonardo

Internal Medicine, Ospedale Civile di Baggiovara, Azienda Ospedaliero-Universitaria, 41126 Modena, Italy

## **Author Benefits**

# **High Visibility:**

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q2 (Biochemistry and Molecular Biology) / CiteScore - Q2 (Endocrinology, Diabetes and Metabolism)

## **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.4 days after submission; acceptance to publication is undertaken in 3.6 days (median values for papers published in this journal in the first half of 2025).

