

Special Issue

Clinical Nutrition and Metabolic Diseases

Message from the Guest Editors

We are pleased to announce the launch of a new Special Issue, “Clinical Nutrition and Metabolic Diseases, 2nd Edition”, a continuation of a previously successful Special Issue.

Clinical nutrition and metabolic health are fundamental pillars of disease prevention and management. In recent years, advances in clinical research, metabolic profiling, and the development of innovative nutritional therapies have shed light on the mechanisms underlying nutrition-related metabolic disorders. However, the complexity of these interactions calls for further investigation to refine our understanding and treatment of these diseases. This Special Issue aims to gather high-quality original research and comprehensive reviews.

We invite submissions that address a broad range of topics, including but not limited to the role of diet in the prevention and management of metabolic diseases, the impact of specific nutrients on metabolic health, clinical trials of nutritional interventions, biomarkers of nutritional status in metabolic diseases, and the genetic and environmental factors influencing the nutrition–metabolism–disease nexus.

Guest Editors

Dr. Desirée Victoria-Montesinos

Dr. Ana María García-Muñoz

Dr. José Francisco López-Gil

Deadline for manuscript submissions

closed (31 January 2026)



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About the Journal

Message from the Editor-in-Chief

The metabolome is the result of the combined effects of genetic and environmental influences on metabolic processes. Metabolomic studies can provide a global view of metabolism and thereby improve our understanding of the underlying biology. Advances in metabolomic technologies have shown utility for elucidating mechanisms which underlie fundamental biological processes including disease pathology. *Metabolites* is proud to be part of the development of metabolomics and we look forward to working with many of you to publish high quality metabolomic studies.

Editor-in-Chief

Dr. Amedeo Lonardo

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Author Benefits

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Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 16.7 days after submission; acceptance to publication is undertaken in 3.6 days (median values for papers published in this journal in the second half of 2025).