

Special Issue

Nutritional Metabolism and Biomarkers in Patients with Inflammatory Bowel Disease

Message from the Guest Editor

Altered levels of metabolites, such as short-chain fatty acids and bile acids, are linked to the development and progression of IBD and may serve as biomarkers for diagnosis and potential therapeutic targets. This Special Issue is dedicated to showcasing the latest clinical advancements in IBD research, particularly the measurement and analysis of the biological roles of metabolites, metabolic biomarkers, and metabolic pathways. We invite researchers and clinicians to submit their original research articles and reviews that contribute to the understanding, diagnosis, treatment, and management of IBD.

Guest Editor

Dr. Małgorzata Godala

Department of Nutrition and Epidemiology, Medical University of Lodz,
90-752 Lodz, Poland

Deadline for manuscript submissions

25 July 2026



Metabolites

an Open Access Journal
by MDPI

Impact Factor 3.7
CiteScore 6.9
Indexed in PubMed



mdpi.com/si/264604

Metabolites
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
metabolites@mdpi.com

[mdpi.com/journal/
metabolites](https://mdpi.com/journal/metabolites)





Metabolites

an Open Access Journal
by MDPI

Impact Factor 3.7
CiteScore 6.9
Indexed in PubMed



[mdpi.com/journal/
metabolites](https://mdpi.com/journal/metabolites)



About the Journal

Message from the Editor-in-Chief

The metabolome is the result of the combined effects of genetic and environmental influences on metabolic processes. Metabolomic studies can provide a global view of metabolism and thereby improve our understanding of the underlying biology. Advances in metabolomic technologies have shown utility for elucidating mechanisms which underlie fundamental biological processes including disease pathology. *Metabolites* is proud to be part of the development of metabolomics and we look forward to working with many of you to publish high quality metabolomic studies.

Editor-in-Chief

Dr. Amedeo Lonardo
Internal Medicine, Ospedale Civile di Baggiovara, Azienda Ospedaliero-
Universitaria, 41126 Modena, Italy

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Biochemistry and Molecular Biology) / CiteScore - Q2 (Endocrinology, Diabetes and Metabolism)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 16.7 days after submission; acceptance to publication is undertaken in 3.6 days (median values for papers published in this journal in the second half of 2025).