Special Issue

Stress Management and Interventions

Message from the Guest Editors

This Special Issue seeks papers that advance insights into how organizations can assist in combating stress in ways that benefit both the employees involved and the organization itself. We welcome papers that bring together international researchers from different theoretical and methodological perspectives, from both individual/organizational and cognitive standpoints, in order to explore important actions that employees and managers can take in order to provide a more desirable work environment and improve employees' handling of stress at work. We hope that this Special Issue will facilitate a diverse range of research into how controlling one's perspectives of events can also be an effective strategy in managing stress in a healthy way.

Guest Editors

Prof. Dr. Tiziana Ramaci

Dr. Massimiliano Barattucci

Prof. Dr. Muhammad Shakil Ahmad

Deadline for manuscript submissions

closed (30 September 2022)

Merits

an Open Access Journal by MDPI

mdpi.com/si/89835

mdpi.com/journal/merits

Merits

About the Journal

Message from the Editor-in-Chief

People at work is the focus of *Merits*, an international, peer-reviewed open access journal. We focus on contemporary research issues related to enabling people at work to thrive. *Merits* recognizes the importance of investing in human performance, so includes the exploration of talent development modalities and frameworks, people analytics, and issues related to coaching and mentoring. We invite your contribution to the field.

Editor-in-Chief

Prof. Dr. Gabriela Topa
Department of Social and Organizational Psychology, The National Distance Education University, 28040 Madrid, Spain

Author Benefits

Open Access:
free for readers, with article processing charges (APC) paid by authors or their institutions.

Rapid Publication:
manuscripts are peer-reviewed and a first decision is provided to authors approximately 29 days after submission; acceptance to publication is undertaken in 6.2 days (median values for papers published in this journal in the first half of 2025).

Recognition of Reviewers:
APC discount vouchers, optional signed peer review, and reviewer names published annually in the journal.