

Special Issue

Counseling Interventions and Resilient Workplaces: Psychological Strategies for Sustainable Growth

Message from the Guest Editors

In a rapidly changing global landscape, organizations are increasingly challenged by economic instability, technological disruption, social inequities, and widespread burnout. As these uncertainties persist, there is a critical need for psychological strategies that support individual and organizational well-being. Counseling psychology, with its foundations in human growth, emotional resilience, and adaptive behavior, offers timely and transformative solutions. This Special Issue, *Counseling Interventions and Resilient Workplaces: Psychological Strategies for Sustainable Growth*, aims to explore how counseling approaches can foster organizational resilience, promote employee flourishing, and guide sustainable growth during uncertain times. We invite contributions that integrate counseling theory, practice, and research to address real-world challenges in today's workplaces.

Submissions may include empirical studies, conceptual papers, case studies, and reviews that highlight how counseling-based interventions can enhance psychological safety, emotional agility, leadership adaptability, and systemic well-being across sectors.

Guest Editors

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Message from the Editor-in-Chief

People at work is the focus of *Merits*, an international, peer-reviewed open access journal. We focus on contemporary research issues related to enabling people at work to thrive. *Merits* recognizes the importance of investing in human performance, so includes the exploration of talent development modalities and frameworks, people analytics, and issues related to coaching and mentoring. We invite your contribution to the field.

Editor-in-Chief

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