

Special Issue

The Impact of Temporomandibular Disorders on the Wellbeing

Message from the Guest Editor

Temporomandibular disorders are a variety of diseases that affect the temporomandibular joint, muscles, and surrounding structures. They are distinguished by symptoms such as discomfort in the jaw, restricted jaw activity, and discomfort. TMD can substantially impact one's physical, mental, and overall well-being. Prolonged suffering can disrupt sleep and cause exhaustion. Nervousness, despair, and tension all contribute to emotional health. Quality of life is impacted by both discomfort and functioning boundaries. Continued uncontrolled temporomandibular disorders can aggravate problems and create emotional strain. Multidisciplinary treatments that include oral health, healthcare, and behavioral therapies are essential for improving patients' quality of life.

Guest Editor

Dr. Oana Almasan

Department of Prosthetic Dentistry and Dental Materials, Iuliu Hațieganu University of Medicine and Pharmacy, 32 Clinicilor Street, 400006 Cluj-Napoca, Romania

Deadline for manuscript submissions

31 December 2025



Medical Sciences

an Open Access Journal
by MDPI

Impact Factor 4.4
CiteScore 8.7
Indexed in PubMed



mdpi.com/si/226663

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
medsci@mdpi.com

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Prof. Dr. Antoni Torres

1. Institut D investigacions August Pi I Sunyer (IDIBAPS), Department of Pulmonology, Hospital Clinic de Barcelona, Universidad de Barcelona, 08036 Barcelona, Spain

2. Centro de Investigación Biomédica en Red en Enfermedades Respiratorias (CIBERES), Instituto de Salud Carlos III, 28029 Madrid, Spain

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