# **Special Issue**

# **Cupping Therapy and Gua Sha**

## Message from the Guest Editor

Medicines is an international open access journal of evidence-informed medicine, both conventional medicine and historically traditional medicine based in a modern setting. This Special Issue focuses on elucidating the evidence and mechanisms of Gua sha and Ba guan, instrument assisted techniques that use press-stroking and vacuum suction (cupping), respectively, for a healing effect. Both techniques are part of traditional East Asian medicine, but also have a history in traditional and early Western medicine. We welcome papers reporting latest evidence for cupping and Gua sha, as well as manuscripts contextualizing their history, biomechanisms, and clinical application. Topics include, but are not limited to, the keywords listed below.

#### **Guest Editor**

Dr. Arya Nielsen

Department of Family Medicine & Community Health Icahn School of Medicine at Mount Sinai New York, NY, USA

### Deadline for manuscript submissions

closed (30 May 2017)



# **Medicines**

an Open Access Journal by MDPI

Indexed in PubMed



mdpi.com/si/7719

Medicines
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
medicines@mdpi.com

mdpi.com/journal/ medicines





# **Medicines**

an Open Access Journal by MDPI

Indexed in PubMed



# **About the Journal**

## Message from the Editor-in-Chief

### Editor-in-Chief

Prof. Dr. Hiroshi Sakagami

Meikai University Research Institute of Odontology (M-RIO), 1-1 Keyakidai, Sakado, Saitama 350-0283, Japan

### **Author Benefits**

## **Open Access:**

free for readers, with article processing charges (APC) paid by authors or their institutions.

## **High Visibility:**

indexed within PubMed, PMC, CAPlus / SciFinder, and other databases.

## **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 45 days after submission; acceptance to publication is undertaken in 5.7 days (median values for papers published in this journal in the first half of 2025).

