

Special Issue

Anterior Cruciate Ligament Injury: Conservative versus Surgical Treatment

Message from the Guest Editor

Anterior cruciate ligament (ACL) injury is the most common sports-related injury in the knee joint. To date, the most commonly preferred treatment for ACL injuries is known as ACL reconstruction, because 17.5% ($\pm 15.5\%$) of those with ACL injuries receiving conservative treatment experience failure, and eventually, surgery is required. Nevertheless, several studies report no difference in functional outcomes between surgical and conservative treatment. These results are worth researching with interest in various clinical-related fields. Despite the surgical and conservative treatment advances, it is still difficult to determine the most effective and appropriate treatment for a patient. In this Special Issue of *Medicina*, we welcome comparative studies of various clinical or functional outcomes in surgical and conservative treatment in ACL injuries in various fields, such as orthopedics, rehabilitation medicine, physiotherapy, sports medicine, etc.

Guest Editor

Dr. Jin Hyuck Lee

Department of Sports Medical Center, Korea University College of Medicine, Seoul 02841, Republic of Korea

Deadline for manuscript submissions

closed (29 October 2022)



Medicina

an Open Access Journal
Published by MDPI

Impact Factor 2.4
CiteScore 4.1
Indexed in PubMed



mdpi.com/si/119449

Medicina
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
medicina@mdpi.com

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Prof. Dr. Edgaras Stankevičius
Medical Academy, Lithuanian University of Health Sciences, Kaunas,
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