

Special Issue

Advances in Interstitial Lung Diseases: From Diagnosis to Treatment

Message from the Guest Editors

This Special Issue aims to provide an updated and multidisciplinary perspective on ILDs, covering state-of-the-art diagnostic methods, novel therapeutic strategies, and the role of personalized medicine. We seek to explore the impact of telemedicine in ILD management, particularly its potential for remote monitoring, early exacerbation detection, and expanded access to specialized care.

We invite researchers and clinicians to submit original research reports on novel treatment strategies and advances in decision making, and comprehensive reviews covering the following areas:

Advancements in ILD diagnosis, including high-resolution computed tomography (HRCT), artificial intelligence, and biomarker discovery.

Novel therapeutic approaches, such as antifibrotics, biologics, and combination therapies.

Holistic and multidisciplinary management strategies, including nursing care, pulmonary rehabilitation, psychological support, and patient-centered care.

The role of telemedicine and digital health solutions in ILD monitoring and treatment.

Guest Editors

Dr. Jacobo Sellarés

Interstitial Lung Disease Unit, Respiratory Department, Hospital Clinic de Barcelona (Barcelona), 08036 Barcelona, Spain

Dr. Jaume Bordas-Martinez

Interstitial Lung Disease Unit, Respiratory Department, Hospital General de Granollers, 08402 Barcelona, Spain

Deadline for manuscript submissions

20 July 2026



Medicina

an Open Access Journal
Published by MDPI

Impact Factor 2.9
CiteScore 4.6
Indexed in PubMed



mdpi.com/si/234309

Medicina
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
medicina@mdpi.com

[mdpi.com/journal/
medicina](https://mdpi.com/journal/medicina)





Medicina

an Open Access Journal
Published by MDPI

Impact Factor 2.9
CiteScore 4.6
Indexed in PubMed



[mdpi.com/journal/
medicina](https://mdpi.com/journal/medicina)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Edgaras Stankevičius
Medical Academy, Lithuanian University of Health Sciences, Kaunas,
Lithuania

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)