

Special Issue

Maternal Well-Being and Quality of Life During Pregnancy: Emerging Clinical Perspectives

Message from the Guest Editor

This Special Issue aims to provide a comprehensive and multidisciplinary perspective on maternal health during pregnancy, integrating obstetric, psychological, and public health approaches. We particularly welcome studies that explore interactions among psychological distress, medical conditions, and lifestyle factors, and their impact on maternal functioning, health-related quality of life, and perinatal outcomes. The submission of original research articles, systematic reviews, and well-documented clinical studies is invited. Topics of interest include, but are not limited to, the following:

- Psychological distress, anxiety, depression, and stress during pregnancy;
- Medical comorbidities and chronic conditions in pregnant women;
- Health-related quality of life and functional outcomes in pregnancy;
- Alcohol, tobacco, and other lifestyle-related exposures during pregnancy;
- Screening tools and integrated assessment models in antenatal care;
- Psychosocial and behavioral determinants of obstetric outcomes;
- Multidisciplinary and preventive approaches in maternal-fetal medicine.

Guest Editor

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Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

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