

Special Issue

Obstructive Sleep Apnea: Epidemiology, Pathophysiology, and Management

Message from the Guest Editors

Obstructive sleep apnea (OSA) is the most frequent but underdiagnosed sleep-disordered breathing (SDB), with a prevalence of 2–4% in men and 1–2% in women of average age. OSA represents a risk factor for cardiovascular cerebrovascular, and metabolic disorders. This Special Issue is focused on the updated data about the epidemiology, pathophysiology, diagnostic and therapeutic management of OSA, which could be useful in daily practice. Specific issues have been related to open questions in the field of OSA diagnosis and treatment, analyzing the most important technological advancements.

Guest Editors

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