

## Special Issue

# Tendon Injury and Reconstruction

### Message from the Guest Editors

Tendon injuries are among the most common problems in professional and amateur athletes. Injuries are often due to overtraining. The most common tendon injuries include tendinitis (inflammation of the tendon caused by repetitive movements), tendinosis (degeneration of the tendon due to untreated microtrauma), and tendon rupture. Patients present localized pain, swelling, stiffness, and difficulty moving.

Tendon injuries are a common problem for athletes, but they can be effectively managed with early diagnosis and targeted treatment. Physical therapy and rehabilitation techniques play a crucial role in recovery, while surgery is the last option in more severe cases.

The scope of the Issue is intentionally broad to encourage the coverage of a wide range of topics and perspectives related to tendon injury management. This includes both non-pharmacological and pharmacological treatments, as well as pain management, epidemiology, and health promotion. Understanding tendon injuries as much as possible allows for the development of the most appropriate treatment for these conditions, improving professional and amateur athletes' health and enabling an early return to sport.

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### Guest Editors

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### Deadline for manuscript submissions

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