

## Special Issue

# Age-Related Musculoskeletal Disorders

### Message from the Guest Editors

Musculoskeletal disorders (MSD) are associated with various degrees of disability, particularly in the elderly population, thus affecting participation in activities of daily living (ADL) and the overall quality of life (QoL) of affected individuals. MSD pose a significant burden to health systems, social care systems and caregivers. Such disorders encompass a diverse group of conditions affecting bones, muscles and joints, including degenerative conditions, inflammatory rheumatic diseases, fragility conditions and several types of bodily pain. Common musculoskeletal degenerative conditions in the elderly population include osteoporosis and osteoarthritic changes in the joints and spine. Furthermore, MSDs are common in multimorbidity; therefore, proper diagnostic and therapeutic approaches carried out by a multiprofessional team are vital for optimizing treatment course and outcomes. The purpose of this Special Issue is to present current and experimental diagnostic and therapeutic modalities, as well as preventive measures for improving the functioning and overall quality of life for individuals with MSD.

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### Deadline for manuscript submissions

closed (30 August 2023)



## Medicina

an Open Access Journal  
Published by MDPI

Impact Factor 2.4  
CiteScore 4.1  
Indexed in PubMed



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