

Special Issue

Advances in Rheumatic and Musculoskeletal Diseases and Health Promotion

Message from the Guest Editors

Rheumatic and musculoskeletal diseases (RMDs) are chronic systemic diseases that affect joints, tendons, bones, muscles, and ligaments. Furthermore, RMDs compose a medical field that should be considered with importance, considering the prevalence of aging societies and the impact of the diseases on health and quality of life. In this Special Issue, we welcome studies covering a comprehensive spectrum related to the pathophysiology, diagnosis, treatment strategy, disease epidemiology, prevention, and management of the diseases. This includes rheumatic diseases such as lupus, ankylosing spondylitis, gout, arthritis, and musculoskeletal diseases such as osteoporosis, neck pain, low back pain, and sarcopenia. Review articles, clinical and epidemiological studies, basic and translational medicine, small-scale research, and interesting clinical cases are all considered. Based on these topics, this Special Issue aims to promote continuous development by providing reliable academic data to readers.

Guest Editors

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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

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