# **Special Issue**

# Bariatric Surgery: New Techniques and Patient Outcomes

## Message from the Guest Editors

As bariatric and metabolic surgery continues to evolve, procedures and minimally invasive strategies are transforming the management of obesity and its related comorbidities. This Special Issue focuses on techniques in the treatment of obesity, encompassing both surgical and endoscopic approaches. The aim is to explore how advances in technology, surgical instrumentation and procedural refinement are improving safety, efficacy and patient outcomes. Moreover, the expanding field of endoscopic bariatric and metabolic therapies represents an exciting frontier, offering less invasive alternatives for patients who may not be suitable candidates for traditional surgery. These interventions, including endoscopic sleeve gastroplasty and intragastric balloon placement, have shown promising results in weight loss and metabolic improvement. We welcome original research articles and technical reports addressing innovations in technique, patient selection criteria, and long-term outcomes. By bringing together perspectives from clinical practice and research, this Special Issue provides a comprehensive overview of current trends and future directions in the interventional treatment of obesity.

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