

Special Issue

Clinical Management of Diabetes and Complications

Message from the Guest Editors

This Special Issue will address advances in pharmacological treatment—including novel antidiabetic agents with proven cardiorenal–metabolic benefits—as well as lifestyle and digital interventions for glycaemic and complication control. Particular focus will be given to the early recognition and individualized management of diabetic complications.

We will also explore comorbid conditions closely linked to the pathophysiology of diabetes, such as obesity and metabolic dysfunction-associated fatty liver disease (MAFLD), which play growing roles in cardiovascular as well as metabolic risk assessment and therapeutic decision making. In addition, contributions on diabetes remission—through nutritional interventions, bariatric surgery, or pharmacotherapy—are encouraged, reflecting a paradigm shift in the long-term management of type 2 diabetes.

Original research articles, clinical trials, systematic reviews, and expert perspectives contributing to the optimization of care in diabetes and its complications are invited. This Special Issue welcomes submissions from both clinical and translational researchers for evidence-based, patient-centred approaches.

Guest Editors

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