

Special Issue

Complementary and Alternative Medicine for Managing Pain

Message from the Guest Editor

According to the International Association for the Study of Pain, it has been estimated that up to 20% adults suffer from pain and that another 10% are diagnosed with chronic pain each year. Pain is considered a major public health issue with societal and financial burdens.

To manage chronic pain, the first indication and the most frequently used intervention remains pharmacological. While medication can produce benefits, the literature reports dangerous side effects such as addiction, misuse, drowsiness and/or cognitive dysfunction, functional impairments, etc. To avoid overmedication, complementary and alternative medicine (CAM) techniques, such as hypnosis, Reiki, mindfulness, relaxation therapy, etc., are now strongly considered as means of managing pain. The aim of this Special Issue is to welcome researchers to submit scientific and clinical work on relevant clinical aspects of pain management with complementary and alternative medicine. All the articles will be subject to peer review to ensure quality publications.

Guest Editor

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