

Special Issue

Management of Major Depressive Disorder

Message from the Guest Editors

Depression represents the most frequent issue reported in primary care settings. It is associated with significant declines in cognition and quality of life, while also being associated with substantial increases in mortality and brain aging. Depression has a greater impact on daily activities than most common non-communicable diseases. Although antidepressant treatment has a significant effect on depressive symptomatology and on quality of life, for a significant proportion of patients, multiple therapeutic trials are necessary before reaching an adequate treatment regimen. The incidence of depression and comorbid psychiatric conditions has experienced a marked increase during the last 3 years, highlighting the importance of this research topic. The main scope of the present Special Issue is to present the most recent updates concerning depression etiopathogenesis, management and treatment. Given the personal and social impact of depression, further research is needed in order to improve our understanding and management of this condition.

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