

Special Issue

Impact on Human Health, Lifestyle and Quality of Care after COVID-19

Message from the Guest Editors

The COVID-19 pandemic induced many changes in the lifestyle of people of all ages. Many countries adopted measures to restrict individuals' movement as part of efforts to reduce the number of people infected with COVID-19. These measures led to social isolation, working from home, the home-schooling of children and students, and a lack of physical activity. Social distancing and sedentary behaviors are associated with high levels of anxiety, depression, low mood and sleep disturbances. Sedentary behaviors and screen time may also be associated with nutrition changes and weight gain. It has been demonstrated that acute respiratory syndrome coronavirus 2 (SARS-COV-2) may trigger the presentation or exacerbation of autoimmune diseases. In addition, the consequences of the pandemic must be evaluated with regard to people who suffered from functional limitations before COVID-19, as their physical and mental condition may have been modified by the pandemic. In this Special Issue, we aim to evidence the impact of lifestyle changes and the consequences of the pandemic on human health in order to improve patient's quality of life.

Guest Editors

Dr. Bogdana Nasui

Department of Community Health, "Iuliu Hațieganu" University of Medicine and Pharmacy, 6 Louis Pasteur Street, 400349 Cluj-Napoca, Romania

Dr. Codruta Popescu

Department of Human Sciences, "Iuliu Hațieganu" University of Medicine and Pharmacy, 6 Louis Pasteur Street, 400349 Cluj-Napoca, Romania

Deadline for manuscript submissions

closed (10 November 2024)



Medicina

an Open Access Journal
Published by MDPI

Impact Factor 2.4
CiteScore 4.1
Indexed in PubMed



mdpi.com/si/184431

Medicina
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
medicina@mdpi.com

[mdpi.com/journal/
medicina](https://mdpi.com/journal/medicina)





Medicina

an Open Access Journal
Published by MDPI

Impact Factor 2.4
CiteScore 4.1
Indexed in PubMed



[mdpi.com/journal/
medicina](https://mdpi.com/journal/medicina)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Edgaras Stankevičius
Medical Academy, Lithuanian University of Health Sciences, Kaunas,
Lithuania

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)