

## Special Issue

# Updates on Risk Factors, Prevention and Treatment of Knee Disease

### Message from the Guest Editors

The knee joint is a complex structure susceptible to a wide range of pathologies, each with significant implications for patient function and quality of life. While osteoarthritis has been a primary focus in knee research, other conditions such as fractures and ligament and meniscus injuries also contribute substantially to the burden of knee disease. A comprehensive Special Issue addressing the spectrum of knee pathologies is necessary to advance our understanding, prevention, and treatment strategies. This Special Issue aims to provide a comprehensive overview of the latest research and clinical practices in knee pathology, covering the aetiology, risk factors, prevention, diagnosis, treatment options, rehabilitation, and patient outcomes. This issue will also explore biomechanics, imaging, regenerative medicine, and patient-centred care aspects related to knee health. In addition, authors are encouraged to submit papers discussing surgical treatments and conservative strategies for knee disease. These contributions can be in the form of original articles, technical notes, or review articles.

### Guest Editors

Prof. Dr. Giuseppe Solarino

Prof. Dr. Giuseppe Maccagnano

Dr. Michele Coviello

### Deadline for manuscript submissions

30 November 2025



## Medicina

an Open Access Journal  
Published by MDPI

Impact Factor 2.4  
CiteScore 4.1  
Indexed in PubMed



[mdpi.com/si/215117](https://mdpi.com/si/215117)

*Medicina*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[medicina@mdpi.com](mailto:medicina@mdpi.com)

[mdpi.com/journal/  
medicina](https://mdpi.com/journal/medicina)





# Medicina

---

an Open Access Journal  
Published by MDPI

---

Impact Factor 2.4  
CiteScore 4.1  
Indexed in PubMed



[mdpi.com/journal/  
medicina](https://mdpi.com/journal/medicina)



## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

---

### Editor-in-Chief

Prof. Dr. Edgaras Stankevičius  
Medical Academy, Lithuanian University of Health Sciences, Kaunas,  
Lithuania

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)