

Special Issue

The Burden of COVID-19 Pandemic on Mental Health, 2nd Edition

Message from the Guest Editors

The COVID-19 pandemic has caused significant burdens on global mental health, manifesting across various demographics and exacerbating pre-existing psychological conditions. This Special Issue is the second one on this topic published in *Medicina*, entitled “The Burden of COVID-19 Pandemic on Mental Health”. The pandemic led to a significant rise in anxiety, depression, and stress-related disorders due to contributing factors such as fear of infection, social isolation due to lockdowns, economic uncertainties, and disruptions to daily routines. Frontline healthcare professionals encountered unprecedented challenges during this period, resulting in elevated levels of burnout, anxiety, and post-traumatic stress disorder (PTSD). Patients with pre-existing psychiatric disorders were also significantly affected, showing increased vulnerability and exacerbation of their mental conditions. This Special Issue aims to gather significant scientific contributions in this area in the form of either original articles or reviews. We are especially interested in studies on the effect of long COVID on mental health.

Guest Editors

Prof. Dr. Sorin Hostiuc

Department of Legal Medicine and Bioethics, Faculty of Dental Medicine, “Carol Davila University” of Medicine and Pharmacy, RO-020021 Bucharest, Romania

Prof. Dr. Beatrice Gabriela Ioan

Legal-Medicine Department, Faculty of Medicine, “Grigore T. Popa” University of Medicine and Pharmacy of Iasi, 700115 Iasi, Romania

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
medicina@mdpi.com

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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Edgaras Stankevičius
Medical Academy, Lithuanian University of Health Sciences, Kaunas,
Lithuania

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