

Special Issue

Physical Therapy: A New Perspective

Message from the Guest Editors

The Special Issue (SI) aims at exploring and disseminating the latest advancements in the field of physical therapy. This SI seeks to provide a platform for researchers, clinicians, and practitioners to share cutting-edge research, interdisciplinary collaborations, and the most effective techniques in redefining the practice of physical therapy. Key areas of focus include, but are not limited to:

- Innovative Diagnostic and Treatment Methods: Exploring new technologies and methodologies for diagnosing and treating musculoskeletal conditions or movement impairments.
- Telehealth and Digital Rehabilitation: The role of telehealth in enhancing patient care and the integration of digital tools.
- Interdisciplinary Collaboration: The impact of collaboration between physical therapists and professionals from other healthcare disciplines.
- Evidence-Based Practice: Studies highlighting the importance of evidence-based practice in physical therapy and its impact on treatment efficacy.
- Health Promotion and Wellness: Strategies for promoting health and wellness.

This SI aims at inspiring innovation and elevating the standard of care within the physical therapy community.

Guest Editors

Dr. Manuel González-Sánchez

Department of Physiotherapy, University of Malaga, 29071 Málaga, Spain

Dr. Laura Zlibinaite

Department of Rehabilitation, Kauno Kolegija Higher Education Institution, Muitines 15, LT-44280 Kaunas, Lithuania

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
medicina@mdpi.com

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Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Edgaras Stankevičius
Medical Academy, Lithuanian University of Health Sciences, Kaunas,
Lithuania

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