

Special Issue

Breaking the Pain Cycle in Osteoarthritis: From Drugs to Rehabilitation

Message from the Guest Editor

This Special Issue aims to provide an updated and comprehensive overview of current and emerging strategies to “break the pain cycle” in osteoarthritis. We welcome original research articles, reviews, and clinical studies that explore the integration of pharmacological treatments with rehabilitation and other non-invasive approaches.

Topics of interest include, but are not limited to, the following:

- The pharmacological management of osteoarthritis pain;
- Rehabilitation and physiotherapy interventions;
- Innovative technologies (e.g., cryoultrasound therapy);
- Mechanisms of pain in OA, including central sensitization;
- Metabolic and systemic factors (e.g., obesity, GLP-1 pathways);
- Multimodal and personalized treatment strategies;
- Clinical outcomes and real-world evidence.

By bringing together diverse perspectives, this Special Issue seeks to advance knowledge and promote more effective, patient-centered approaches to osteoarthritis care.

Guest Editor

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Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

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