

## Special Issue

# Breakthroughs in Clinical Diabetes, Obesity and Metabolic Diseases

### Message from the Guest Editors

Diabetes, obesity, and metabolic diseases continue to pose significant global health challenges, driving the need for groundbreaking therapeutic strategies.

Recent years have seen remarkable breakthroughs in the development of novel drugs, including weekly insulin, dual GLP-1 and GIP receptor agonists, and triple agonists targeting GLP-1, GIP, and glucagon receptors, as well as the emergence of oral GLP-1 receptor agonists. Additionally, advancements in medical technology are revolutionizing treatment approaches, offering new possibilities for managing these conditions more effectively.

Furthermore, precision medicine is playing an increasingly vital role in tailoring treatments based on individual patient characteristics, optimizing therapeutic outcomes.

In light of these exciting developments, we are pleased to introduce this Special Issue, entitled “Breakthroughs in Clinical Diabetes, Obesity and Metabolic Diseases”. We invite researchers and clinicians to contribute original studies, reviews, and case reports exploring the latest advancements in pharmacotherapy, precision medicine, and innovative technologies.

---

### Guest Editors

Dr. Yuzuru Ohshiro

Prof. Dr. Kunimasa Yagi

Dr. Yasuhiro Maeno

---

### Deadline for manuscript submissions

30 November 2025



## Medicina

---

an Open Access Journal  
Published by MDPI

---

Impact Factor 2.4  
CiteScore 4.1  
Indexed in PubMed



[mdpi.com/si/231735](https://mdpi.com/si/231735)

*Medicina*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[medicina@mdpi.com](mailto:medicina@mdpi.com)

[mdpi.com/journal/  
medicina](https://mdpi.com/journal/medicina)





# Medicina

---

an Open Access Journal  
Published by MDPI

---

Impact Factor 2.4  
CiteScore 4.1  
Indexed in PubMed



[mdpi.com/journal/  
medicina](https://mdpi.com/journal/medicina)



## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

---

### Editor-in-Chief

Prof. Dr. Edgaras Stankevičius  
Medical Academy, Lithuanian University of Health Sciences, Kaunas,  
Lithuania

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)