

Special Issue

Peripheral Characteristics and Risk Factors of Mental Disorders: Diagnosis and Treatment Outcome

Message from the Guest Editors

With the emergence of stress events (such as the COVID-19 pandemic), the prevalence of psychiatric diseases, such as anxiety and depression remain increased, which has become an increasing challenge for public health. However, the diagnosis of those disorders still mainly relies on the subjective interpretation of clinical symptoms presented by patients rather than any biological markers, and their etiology is not fully understood nowadays. Therefore, the investigation of objective biological peripheral characteristics might be able to provide a basis for the development of new diagnostic methods or prediction of treatment outcomes.

This issue is focused on presenting basic, preclinical and clinical research that includes peripheral characteristics aspects that potentially contribute to the diagnosis, prevention and treatment outcome of psychiatric diseases. We encourage contributors to submit Original Research that contributes to the potential peripheral characteristics, including but not limited to the gut microbiome, inflammation, fatty acid, and metabolite.

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