# **Special Issue**

# Advanced Clinical Approaches in Perioperative Pain Management

## Message from the Guest Editor

The management of pain during the perioperative period continues to represent a significant challenge in contemporary surgical practice, with direct implications for patient recovery, the prevention of chronic pain, and long-term outcomes. The field is undergoing a rapid transformation, with precision-based strategies redefining standards of care. Recent developments in the field include: firstly, the integration of enhanced recovery protocols that align analgesic strategies with holistic perioperative care; secondly, the innovative application of regional anesthesia; and thirdly, the optimized use of non-opioid adjuvants. In order to further advance this dynamic area of research, we welcome submissions that explore novel clinical, technological, and translational approaches in perioperative pain management, as well as original research, systematic reviews, clinical trials, and thoughtprovoking perspectives that address a range of topics; this includes the following: ultrasound-guided nerve blocks, opioid-sparing pharmacology, patient-centered care models, and digital innovations in monitoring and assessment.

## **Guest Editor**

Prof. Dr. Mark Ulrich Gerbershagen

Department of Anesthesiology, Hospital Cologne-Holweide, University Witten-Herdecke, Neufelder Strasse 32, 51067 Cologne, Germany

## Deadline for manuscript submissions

30 May 2026



## Medicina

an Open Access Journal
Published by MDPI

Impact Factor 2.4
CiteScore 4.1
Indexed in PubMed



mdpi.com/si/254822

Medicina
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
medicina@mdpi.com

mdpi.com/journal/ medicina





# Medicina

an Open Access Journal Published by MDPI

Impact Factor 2.4 CiteScore 4.1 Indexed in PubMed



## **About the Journal**

## Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

## **Editor-in-Chief**

Prof. Dr. Edgaras Stankevičius

Medical Academy, Lithuanian University of Health Sciences, Kaunas, Lithuania

#### **Author Benefits**

## **Open Access:**

free for readers, with article processing charges (APC) paid by authors or their institutions.

## **High Visibility:**

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, and other databases.

## **Journal Rank:**

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

