







an Open Access Journal by MDPI

# Modern Management and Treatment of Diabetes—Celebrating the 100th Anniversary of the First Diabetic Patient Who Received Insulin

Guest Editors:

#### Prof. Dr. Manfredi Rizzo

Department of Internal Medicine and Medical Specialties (DIMIS), Università degli Studi di Palermo UNIPA, 90100 Palermo, Italy

#### Dr. Ioannis Ilias

Maternity District Hospital Elena Venizelou, 115 21 Athens, Greece

Deadline for manuscript submissions:

closed (30 November 2022)

## **Message from the Guest Editors**

Diabetes mellitus (DM) is a complex systemic disease and affects not only glucose metabolism, but the whole of cellular metabolism in all tissues without exception. In the course of the disease, comorbidities emerge from all systems (cardiovascular, nervous, digestive, kidney, skin, even from the mental sphere), as a result of chronic hyperglycemia–dyslipidemia and chronic complications. For this reason optimal metabolic regulation is considered imperative. The introduction of pioneering drugs, the combinations of which offer flexibility and effectiveness in treatment options, has made a decisive contribution in achieving this goal.

The aim of the present Special Issue is to harmoniously combine the latest scientific data with clinical practice, in an effort to cover the full range of pathophysiology, prevention, treatment and monitoring of DM and its complications. This issue has coincided with an anniversary milestone in DM: the 100th anniversary of the discovery of insulin, the hormone that has given life to millions of people around the world.

With this vision, we invite you to contribute to this Special Issue of Medicina.













an Open Access Journal by MDPI

## **Editor-in-Chief**

### Prof. Dr. Edgaras Stankevičius Medical Academy, Lithuanian University of Health Sciences, Kaunas, Lithuania

# **Message from the Editor-in-Chief**

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

#### **Author Benefits**

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed,

MEDLINE, PMC, and other databases.

Journal Rank: JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General

Medicine)

#### **Contact Us**