



## Blood Pressure, Heart Rate, and Hypertension among Patients with Diabetes

Guest Editors:

**Prof. Dr. Marijana Tadic**

Clinic for Internal Medicine II,  
University Clinic Ulm, Albert-  
Einstein Allee 23, 89081 Ulm,  
Germany

**Prof. Dr. Cesare Cuspidi**

Department of Medicine and  
Surgery, University of Milano-  
Bicocca, and Milano Istituto  
Auxologico Italiano, IRCCS, Milan,  
Italy

Deadline for manuscript  
submissions:

**closed (30 September 2020)**

### Message from the Guest Editors

Dear Colleagues,

Diabetes represents one of the most important and prevalent cardiovascular risk factors in the global population. Heart rate and heart rate variability have great importance and represent significant predictors of cardiovascular and total morbidity and mortality in diabetic patients. Arterial hypertension and diabetes have a synergistic negative effect on cardiovascular remodeling and cardiovascular outcomes. Therefore, the cut-off blood pressure value for the introduction of antihypertensive therapy as well as target blood pressure in diabetic patients remain matters of debate. Comprehensive cardiac assessment that includes 24-h ECG, 24-h ambulatory blood pressure monitoring, and echocardiographic examination is now available for the evaluation of cardiac damage in diabetic patients. Using 24-h ECG, one can obtain heart rate variability, which is a useful non-invasive tool for the evaluation of the autonomic nervous system, which has a key role in adverse outcomes in diabetic patients. Furthermore, 24-h ambulatory blood pressure monitoring provides data regarding daytime, nighttime, and 24-h blood pressure values, as well as circadian blood pressure patterns.





# medicina



an Open Access Journal by MDPI

## Editor-in-Chief

### **Prof. Dr. Edgaras Stankevičius**

Medical Academy, Lithuanian  
University of Health Sciences,  
Kaunas, Lithuania

## Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

## Author Benefits

**Open Access:** free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

**High Visibility:** indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [MEDLINE](#), [PMC](#), and [other databases](#).

**Journal Rank:** JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

## Contact Us

---

*Medicina* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/medicina](http://mdpi.com/journal/medicina)  
[medicina@mdpi.com](mailto:medicina@mdpi.com)