

Special Issue

Sports Injury Prevention and Rehabilitation

Message from the Guest Editors

Sports injuries often occur during sports participation, training, and competition. To decrease sports injury occurrence and enhance injury recovery in order to return to play are the care goals for injured athletes. Many special prevention strategies and sport rehabilitations are used into sports injury prevention and rehabilitation, such as nutritional or medical supplement, acupuncture, massage, instrument assisted soft tissue mobilization (IASTM), vibrating foam roller, low-level laser therapy, cold water immersion, kinesiology tape, etc. This Special Issue aims to highlight research from multi-professional perspective within sports medicine. It's not only focused on the effects of sports injuries, but also on the management of the primary cause of the injuries. We welcome manuscripts that in fields of Sports Injury Prevention, Sport Physical Therapy and Sport Rehabilitation. Manuscript in the field of Athletic Training and Sports Supplement are also encouraged.

Guest Editors

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Deadline for manuscript submissions

closed (28 January 2022)



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Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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