

Special Issue

Clinical Guidelines in the Health Area

Message from the Guest Editors

Clinical guidelines are informational documents that include recommendations aimed at optimizing patient care. Evidence-based clinical guidelines are built on systematic reviews of scientific evidence, high-quality randomized clinical trials, and an assessment of the benefits and harms of different healthcare options. A large volume of information on and variability in the quality of scientific information have been generated in recent years in the area of health, so there is a need to create syntheses that facilitate access to this information and allow for scientific recommendations based on evidence that can provide support for the scientific quality of decision making, for health professionals, managers, and patients. This Special Issue of *Life* will be dedicated to publishing the best articles that reflect efforts and innovations related to clinical guidelines in the area of health. In this Special Issue, we hope to bring together the best clinical guideline articles that reflect the best current scientific evidence. All submissions will be selected and peer-reviewed to ensure their quality and relevance.

Guest Editors

Dr. Leonardo Roeber

1. Department of Clinical Research, Federal University of Uberlândia, Uberlândia, Brazil, MG, Brazil
2. Postgraduate Program in Medicine and Health, Faculty of Medicine of Bahia, Federal University of Bahia, Salvador, BA, Brazil
3. Department of Psychiatry, Faculty of Medicine, University of São Paulo, São Paulo, SP, Brazil

Prof. Dr. Giuseppe Biondi Zoccai

Department of Medico-Surgical Sciences and Biotechnologies, Sapienza University of Rome, Corso della Repubblica 74, 04100 Latina, Italy

Deadline for manuscript submissions

closed (27 November 2022)



Life

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



mdpi.com/si/114452

Life
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
life@mdpi.com

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Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

Editor-in-Chief

Prof. Dr. Lluís Ribas de Pouplana

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona
Institute of Science and Technology, 08028 Barcelona, Spain

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