

Special Issue

Migraine and Headache in Children and Adolescents

Message from the Guest Editors

Headaches are common in children and adolescents. Indeed, they are the most common pain complaint among children and adolescents seeking medical advice, with their prevalence increasing with age. Migraine and tension-type headaches (TTHs) are by far the most frequently occurring types of headache in this age group. The prevalence of migraine increases with age up to 8–23% during the high school years. The mean age of onset for migraine is 7 years for boys and 11 years for girls. Approximately 25% the children who have migraine report experiencing aura before onset of the headache. Visual aura is the most common type of aura, followed by sensory disturbances. Less frequent are speech disturbances. The duration for most aura symptoms is usually one hour, but motor symptoms may last for a longer time. Patients, especially young children, often find it hard to describe their symptoms.

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