

Special Issue

Global Health in a Changing Climate: Interdisciplinary Perspectives on Human Well-Being

Message from the Guest Editors

Climate change poses an urgent and multifaceted threat to global health, affecting both physical and mental well-being across populations. Rising temperatures, extreme weather events and environmental degradation are linked not only to cardiovascular, respiratory and metabolic disorders but also to malnutrition, gastrointestinal disturbances and altered neurobiological pathways. This Special Issue will provide an interdisciplinary platform, bridging psychology, psychiatry, biology, gastroenterology, nutrition and internal medicine, to explore how climate-related stressors influence human health. Contributions will address mechanisms such as gut-brain axis dysregulation, neuroinflammation, metabolic adaptations, cardiovascular and systemic consequences and psychological effects including anxiety, depression and resilience processes. By fostering cross-disciplinary dialogue, this Special Issue aims to deepen understanding of the complex interactions between climate change and human health, guiding evidence-based interventions, clinical strategies and policies. You may choose our [Joint Special Issue](#) in *Climate*.

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Deadline for manuscript submissions

30 November 2026



Life

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



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Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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