Special Issue

Oral Health and Systemic Conditions: From Biological Insights to Multidimensional Interventions

Message from the Guest Editors

This Special Issue aims to bring together high-quality contributions that explore the biological and clinical dimensions of oral health. We welcome submissions that investigate the pathophysiology of oral diseases, including studies focused on the discovery and validation of salivary or systemic biomarkers, inflammatory pathways, and microbial dysbiosis. Likewise, we encourage research assessing clinical outcomes, trends in prevalence and incidence, impacts on quality of life, and patient-centered therapeutic strategies. Furthermore, oral health does not exist in isolation. An expanding body of evidence highlights the bidirectional relationship between oral conditions and systemic health issues such as diabetes, obesity, and cardiovascular diseases. We particularly invite manuscripts that explore these interconnections. This Special Issue is an open forum for original research articles, clinical trials, epidemiological studies, systematic reviews, and interdisciplinary perspectives. By bridging basic science and clinical practice, it seeks to promote evidence-based strategies that enhance both oral health and overall well-being.

Guest Editors

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Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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