

## Special Issue

# Advances in Geriatric Medicine: Risk Assessment, Biomarkers, and Management Strategies

### Message from the Guest Editors

The global aging population presents a growing challenge to healthcare systems, with rising age-related diseases, multimorbidity, and functional decline. This Special Issue explores advancements in geriatric risk assessment, biomarkers, and evidence-based management strategies tailored to older adults. Contributions from leading experts will enhance the assessment, diagnosis, and treatment of geriatric patients, aiming to improve outcomes, optimize resources, and inform clinical decisions. **Topics of Interest:** Risk Assessment: Predictive models for frailty, multimorbidity, cognitive decline, falls, and medication risks.

**Biomarkers:** Novel biomarkers for age-related diseases, frailty, sarcopenia, cognitive disorders, and cardiovascular diseases.

**Management Strategies:** Personalized medicine, integrated care, chronic disease management, nutritional interventions, and rehabilitation.

**Significance:** This issue will provide interdisciplinary insights to improve geriatric care, reduce hospitalizations, and enhance quality of life. It will appeal to geriatricians, primary care physicians, researchers, and healthcare policymakers.

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### Guest Editors

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### Message from the Editor-in-Chief

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