

## Special Issue

# Neurodegenerative Diseases: From Risk Factors to Treatments

### Message from the Guest Editor

Neurodegenerative diseases share some fundamental characteristics, including the gradual progression of symptoms and the significant impact on the autonomy and quality of patients' lives. The central focus of this Special Issue will be to advance novel therapeutic models that have shown exceptional promise in clinical models of NDs. The aim will be to individualize genetic and clinic mechanisms of NDs considering age-related and multidimensional approaches for the purpose of appropriate and personalized treatment, along with the use of information and communication technology (ICT) tools, which can decrease hospitalization and increase permanence at home. Pharmacologic treatment delivers limited symptomatic benefits, so the provision of non-pharmacological treatments in addition to standard outpatient care is an asset of good clinical practice. Therefore, prognostic evaluation of patients with NDs plays a key role in the decision analyses of care processes including the organization of the social health care system, the support to families, caregivers, and patients, as well as the choice of appropriate treatment.

### Guest Editor

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### Message from the Editor-in-Chief

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