

## Special Issue

# Skin Aging and Dermatoses

### Message from the Guest Editors

Skin aging is natural and largely unavoidable, but lifestyle factors can slow down or delay aging, extending longevity and improving dermal wellbeing. Menopause hormone therapy can reverse several skin aging parameters. However, the fear, confusion, and hesitancy of physicians to prescribe MHT to women even with menopausal symptoms has led to a scientific re-evaluation of the benefits and risks of MHT, causing a resurgence of topical estrogen applications to combat skin aging and estrogen-deficient skin during menopause. Moreover, there are other active ingredients, such as vitamins C and E, hyaluronic acid, retinoids, niacinamide, and naturally derived products (phytochemicals), that are highly effective in combating skin aging. Dermatoses are associated with skin aging, the most common conditions of which include dermatitis, erythema nodosum, pemphigus vulgaris, psoriasis, scleroderma, Sweet syndrome, systemic lupus erythematosus, and vitiligo. Dermatoses can be caused by a variety of factors, including infections, irritants, allergies, genetic factors, autoimmune issues, and even certain medical conditions or medications.

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