

Special Issue

Nutrients and Dietary Supplements in Health and Disease

Message from the Guest Editors

Nutrients and dietary supplements, no matter what form they are administered in, can have positive effects on both maintaining health, as well as in the prevention and treatment of many diseases. It is extremely important to understand their new mechanisms of action and to expand the knowledge about them. The task surrounding dietary supplementation is not the treatment of diseases, but supplementing the diet with deficient nutrients and bioactive compounds. However, consuming them might also have an adversary effect on health. It is related to their quality, the effects of their actions, and the interactions with other substances. Therefore, there exists a need for scientific studies on the effect of nutrients and dietary supplements on the human body. In this Special Issue, we invite manuscripts on broadly understood topics related to the impact of nutrients and dietary supplements on human health.

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Deadline for manuscript submissions

closed (22 December 2023)



Life

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Impact Factor 3.4
CiteScore 7.1
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Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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