

Special Issue

Effects of Single or Multiple Lifestyle Behaviors on Human Health and Disease-Related Outcomes

Message from the Guest Editor

For this Research Topic, we will explore the impact of single/multiple lifestyle behaviors on human health and disease. Complex research methods and approaches are needed to shed light on the complex effects of lifestyle behaviors on human health and disease, especially when behaviors interact. Original research and reviews, specifically critical or integrative ones, as well as systematic reviews and meta-analyses, are particularly welcome.

Potential contributions topics include (but are not limited to):

- Epidemiology of lifestyle behaviors;
- Infodemiology and infoveillance;
- Digital behaviors;
- Effects of diet on health- and disease-related outcomes;
- Effects of physical activity on health- and disease-related outcomes;
- Dose-response relationship;
- Neurobehavioral markers of lifestyle behaviors;
- Neurobehavioral medicine.

Guest Editor

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Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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