Special Issue

Cell-Free DNA as a Biomarker in Metabolic Diseases

Message from the Guest Editor

Cell-free DNA (cfDNA) has emerged as a valuable biomarker for metabolic diseases, offering a noninvasive approach to monitor disease progression, tissue-specific damage, and treatment response. This Special Issue of *Life*, entitled "Cell-Free DNA as a Biomarker in Metabolic Diseases", aims to present the latest research on the role of cfDNA in the diagnosis, prognosis, and monitoring of metabolic diseases, with a focus on the molecular mechanisms of disease pathogenesis and biomarker discovery. We invite original research and review articles exploring the biological function of cfDNA; the quantity and structure of cfDNA; and cfDNA (hydroxy)methylation, fragmentation patterns, and their correlation with metabolic dysfunction. We particularly encourage studies that employ novel sequencing technologies, bioinformatics approaches, and multi-omics integration in the study of cfDNA. Through this Special Issue, we aim to advance the understanding of cfDNA biology, applications, and its translational potential in precision medicine for metabolic diseases.

Guest Editor

Dr. Makrina Karaglani

- Laboratory of Pharmacology, Department of Medicine, Democritus University of Thrace, 68100 Alexandroupolis, Greece
 Laboratory of April 1988 Colored Medicine, December 2011
- 2. Institute of Agri-Food and Life Sciences, University Research and Innovation Centre, Hellenic Mediterranean University, 71003 Heraklion, Greece

Deadline for manuscript submissions

20 October 2025



Life

an Open Access Journal by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



mdpi.com/si/234197

Life
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
life@mdpi.com

mdpi.com/journal/ life





Life

an Open Access Journal by MDPI

Impact Factor 3.4 CiteScore 6.0 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

Editor-in-Chief

Prof. Dr. Lluís Ribas de Pouplana

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona Institute of Science and Technology, 08028 Barcelona, Spain

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Biology) / CiteScore - Q1 (Paleontology)

